

2014 RECORDBOOK



CROSS COUNTRY

Women's Results

Sundodger Invitational

Lincoln Park • Seattle, Wash. • September 14, 2013 • 6,000m

Team Results: 1. **Washington 19**; 2. Oregon State 58; 3. Idaho 87; 4. Gonzaga 110; 5. Seattle U 120; 6. Washington State 146; 7. Eastern Washington 219.

Individual Champion: Katie Flood, Washington, 20:25.

Husky Finishers: 1. Katie Flood 20:25; 3. Katie Knight 20:47; 4. Liberty Miller 20:47; 5. Maddie Meyers 20:48; 10. Eleanor Fulton 21:15; 12. Justine Johnson 21:16; 13. Kaylee Flanagan 21:28; 16. Erin Johnson 21:46; 39. Megan Morgan 22:18; 48. Breanna Huschka 22:38

Bill Dellinger Invitational

Springfield Country Club • Springfield, Ore. • October 5, 2013 • 6,000m

Team Results (Top-20): 1. **Washington 30**; 2. Oregon 52; 3. Boise State 63; 4. Portland 81; 5. Wichita State 163; 6. Idaho 175; 7. Gonzaga 186; 8. Seattle U 223; 9. Portland State 251; 10. Mt. SAC 328.

Individual Champion: Alexa Efraimson, Unattached, 16:35.

Husky Finishers: 3. Amy-Eloise Neale 16:48; 5. Katie Flood 16:54; 9. Katie Knight 17:06; 10. Maddie Meyers 17:06; 13. Eleanor Fulton 17:18; 25. Kaylee Flanagan 17:40; 34. Baylee Mires 17:55; 38. Erin Johnson 17:58; 52. Megan Morgan 18:18.

Adidas Wisconsin Invitational

Thomas Zimmer Course • Madison, Wisc. • October 19, 2013 • 6,000m

Team Results (Top-20): 1. Arizona 117; 2. Arkansas 136; 3. Providence 191; 4. Michigan State 200; 5. Iowa State 235; 6. New Mexico 240; 7. Dartmouth 246; 8. Minnesota 303; 9. **Washington 308**; 10. San Francisco 326; 11. Syracuse 342; 12. Indiana 351; 13. Notre Dame 399; 14. Arizona State 461; 15. Cornell 464; 16. Boston College 467; 17. Wisconsin 502; 18. Harvard 530; 19. Vanderbilt 559; 20. North Carolina State 564.

Individual Champion: Abbey D'Agostino, Dartmouth, 19:31.

Husky Finishers: 23. Katie Flood 20:15; 47. Maddie Meyers 20:37; 50. Amy-Eloise Neale 20:39; 81. Justine Johnson 20:57; 107. Kaylee Flanagan 21:09; 109. Katie Knight 21:09; 157. Baylee Mires 21:31; 185. Liberty Miller 21:44; 194. Eleanor Fulton 21:46.

Pac-12 Championships

Coal Creek Golf Course • Louisville, Colo. • November 2, 2013 • 6,000m

Team Results: 1. Arizona 69; 2. Colorado 75; 3. **Washington 111**; 4. Oregon 113; 5. Stanford 129; 6. Arizona State 138; 7. UCLA 173; 8. Utah 207; 9. California 213; 10. Washington State 260; 11. Oregon State 269; 12. USC 346.

Individual Champion: Aisling Cuffe, Stanford, 21:04.

Husky Finishers: 11. Katie Flood 21:57; 19. Justine Johnson 22:21; 20. Katie Knight 22:25; 27. Amy-Eloise Neale 22:35; 34. Megan Goethals 22:49; 40. Maddie Meyers 23:00; 58. Baylee Mires 23:41; 59. Liberty Miller 23:44; 90. Kaylee Flanagan 25:13; --Eleanor Fulton DNF.

NCAA West Regional Championships

Haggin Oaks Golf Complex • Sacramento, Calif. • November 15, 2013 • 6,000m

Team Results (Top-20): 1. Arizona 84; 2. Stanford 94; 3. Oregon 120; 4. San Francisco 140; 5. **Washington 162**; 6. Arizona State 175; 7. UC Davis 221; 8. Cal Poly 259; 9. Portland 284; 10. Boise State 300; 11. Loyola Marymount 307; 12. UCLA 330; 13. California 353; 14. Washington State 401; 15. Oregon State 407; 16. Sacramento State 421; 17. Gonzaga 437; 18. UC Santa Barbara 447; 19. Idaho 519; 20. Seattle 563.

Individual Champion: Emma Bates, Boise State, 19:11.

Husky Finishers: 4. Katie Flood 19:27; 23. Liberty Miller 20:12; 42. Katie Knight 20:37; 43. Amy-Eloise Neale 20:38; 50. Megan Goethals 20:45; 81. Justine Johnson 21:04; 91. Kaylee Flanagan 21:17.

NCAA Championships

LaVern Gibson Championship Course • Terre Haute, Ind. • November 23, 2013 • 6,000m

Team Results (Top-20): 1. Providence 141; 2. Arizona 197; 3. Butler 200; 4. Michigan 215; 5. Georgetown 226; 6. Michigan State 236; 7. Colorado 265; 8. Florida State 278; 9. Virginia 283; 10. New Mexico 301; 11. Stanford 322; 12. William and Mary 326; 13. Iowa State 333; 14. Oregon 340; 15. Arkansas 340; 16. Dartmouth 369; 17. **Washington 376**; 18. San Francisco 385; 19. Villanova 397; 20. Minnesota 406.

Individual Champion: Abbey D'Agostino, Dartmouth, 20:00.

Husky Finishers: 80. Megan Goethals 21:11; 84. Katie Flood 21:13; 96. Liberty Miller 21:17; 121. Amy-Eloise Neale 21:26; 128. Katie Knight 21:29; 134. Justine Johnson 21:32; 138. Maddie Meyers 21:34.

Men's Results

Sundodger Invitational

Lincoln Park • Seattle, Wash. • September 14, 2013 • 8,000m

Team Results: 1. Washington 30; 2. Washington State 52; 3. Gonzaga 55; 4. Idaho 95; 5. Seattle U 148.

Individual Champion: Aaron Nelson, Washington, 23:50

Husky Finishers: 1. Aaron Nelson 23:50; 3. Tyler King 24:05; 4. Sumner Goodwin (Unatt) 24:08; 7. Meron Simon 24:12; 14. Andrew Gardner 24:18; 17. Colby Gilbert (Unatt) 24:25; 18. Izaic Yorks (Unatt) 24:26; 19. Aaron Beattie 24:28; 21. Jacob Smith 24:31; 23. Blake Nelson 24:33; 30. Nick Harris 24:43; 31. A.J. Yarnall (Unatt) 24:44; 32. Angelo Comeaux (Unatt) 24:45; 33. Tim Cummings 24:55; 35. Jamie Coughlin (Unatt) 25:00; 50. Mitchell Montgomery 25:21; 52. Keith Williams (Unatt) 25:26.

Bill Dellinger Invitational

Springfield Country Club • Springfield, Ore. • October 5, 2013 • 8,000m

Team Results: 1. Oregon 32; 2. Boise State 39; 3. Washington 87; 3. Portland 87; 5. Gonzaga 121; 6. Wichita State 182; 7. Idaho 214; 8. Portland State 259; 8. UO Running Club 259; 10. Seattle U 274; 11. Mt. SAC 277.

Individual Champion: Aaron Nelson, Washington, 23:55.

Husky Finishers: 1. Aaron Nelson 23:55; 15. Izaic Yorks (Unatt) 24:36; 20. Colby Gilbert (Unatt) 24:43; 25. Aaron Beattie 24:48; 26. Tyler King 24:52; 28. Meron Simon 24:56; 29. Andrew Gardner 24:57; 30. Sumner Goodwin 24:58; 33. Blake Nelson 25:01; 35. Jacob Smith 25:09; 37. Tim Cummings 25:10; 44. Nick Harris 25:21; 53. A.J. Yarnall (Unatt) 25:36; 57. Angelo Comeaux 25:43; 74. Jamie Coughlin (Unatt) 26:12; 93. Mitchell Montgomery (Unatt) 26:49.

Adidas Wisconsin Invitational

Thomas Zimmer Course • Madison, Wisc. • October 19, 2013 • 6,000m

Team Results (Top-20): 1. Northern Arizona 121; 2. BYU 174; 3. Portland 216; 4. Wisconsin 217; 5. New Mexico 251; 6. Columbia 261; 7. Arkansas 265; 8. Syracuse 306; 9. Michigan 323; 10. Eastern Kentucky 332; 11. North Carolina 381; 12. Providence 382; 13. Harvard 391; 14. Notre Dame 418; 15. Washington 428; 16. Air Force 441; 17. Indiana 455; 18. Texas 467; 19. Illinois 479; 20. Arizona State 522.

Individual Champion: Kemoy Campbell, Arkansas, 23:12.

Husky Finishers: 4. Aaron Nelson 23:26; 84. Meron Simon 24:15; 91. Izaic Yorks 24:18; 121. Aaron Beattie 24:28; 136. Andrew Gardner 24:32; 166. Blake Nelson 24:42; 187. Tyler King 24:51; 221. Sumner Goodwin 25:08; 224. Jacob Smith 25:11.

Pac-12 Championships

Coal Creek Golf Course • Louisville, Colo. • November 2, 2013 • 6,000m

Team Results: 1. Colorado 28; 2. Oregon 54; 3. Stanford 79; 4. Arizona State 140; 5. Washington 142; 6. Washington State 151; 7. UCLA 152; 8. Arizona 194; 9. California 220.

Individual Champion: Edward Cheserek, Oregon, 24:36.

Husky Finishers: 8. Aaron Nelson 25:01; 25. Jacob Smith 25:56; 31. Tyler King 26:02; 38. Izaic Yorks 26:17; 43. Andrew Gardner 26:20; 48. Blake Nelson 26:28; 49. Sumner Goodwin 26:31; 53. Nick Harris 26:45; 62. Tim Cummings 27:12; --Meron Simon DNF.

NCAA West Regional Championships

Haggin Oaks Golf Complex • Sacramento, Calif. • November 15, 2013 • 10,000m

Team Results (Top-20): 1. Stanford 53; 2. Oregon 64; 3. Portland 92; 4. Boise State 117; 5. Arizona State 184; 6. UCLA 187; 7. Cal Poly 191; 8. Washington State 269; 9. Washington 277; 10. UC Santa Barbara 287; 11. Gonzaga 343; 12. California 343; 13. UC Davis 361; 14. Arizona 362; 15. Loyola Marymount 365; 16. San Francisco 498; 17. Long Beach State 511; 18. Sacramento State 523; 19. UC Irvine 542; 20. Eastern Washington 542.

Individual Champion: Edward Cheserek, Oregon, 29:35.

Husky Finishers: 8. Aaron Nelson 29:54; 62. Meron Simon 31:14; 68. Sumner Goodwin 31:18; 70. Izaic Yorks 31:20; 73. Andrew Gardner 31:23; 99. Tyler King 31:56. – Jacob Smith DNF.

NCAA Championships

LaVern Gibson Championship Course • Terre Haute, Ind. • November 23, 2013 • 10,000m

Husky Finishers: 20. Joey Bywater 30:27.

Women's Pac-12 Conference Championships

Year	Site	UW Finish	Team Champion	Individual Top UW Finisher	Place	Time	Champion	School	Time
2013	Louisville, Colo.	3rd	Arizona	Katie Flood	11th	21:57	Aisling Cuffe	Stanford	21:04
2012	Santa Clarita, Calif.	4th	Oregon	Megan Goethals	12th	20:37	Kathy Kroeger	Stanford	20:06
2011#	Tempe, Arizona	2nd	Colorado	Katie Flood	1st	19:32	Katie Flood	Washington	19:32
2010	Seattle, Wash.	tie-3rd	Stanford	Katie Flood	6th	20:13	Jordan Hasay	Oregon	19:44
2009	Long Beach, Calif.	1st	Washington	Kendra Schaaf	2nd	19:46	Nicole Blood	Oregon	19:42
2008	Eugene, Ore.	1st	Washington*	Kendra Schaaf	1st	19:24	Kendra Schaaf	Washington	19:24
2007	Corvallis, Ore.	3rd	Stanford	Anita Campbell	6th	20:10	Arianna Lambie	Stanford	19:40
2006	Stanford, Calif.	3rd	Stanford	Amy Lia	6th	20:45	Arianna Lambie	Stanford	20:16
2005	Tucson, Ariz.	4th	Stanford	Tori Tyler	8th	21:05	Arianna Lambie	Stanford	20:20
2004	San Francisco, Calif.	3rd	Stanford	Dallon Williams	7th	21:10	Amy Hastings	Arizona State	20:19
2003	Pullman, Wash.	4th	Stanford	Ingvill Makestad	9th	22:00	Sara Bei	Stanford	21:13
2002	Scottsdale, Ariz.	5th	Stanford	Courtney Inman	7th	20:57	Sara Bei	Stanford	19:48
2001	Los Angeles, Calif.	3rd	Stanford	Lisa Gibbs	6th	20:56	Lauren Fleshman	Stanford	20:09
2000	Seattle, Wash.	4th	Stanford	Cami Matson	4th	20:43	Tara Chaplin	Arizona	20:11
1999	Long Beach, Calif.	3rd	Stanford	Anna Aoki	5th	17:25	Erin Sullivan	Stanford	17:02
1998	Eugene, Ore.	2nd	Stanford	Jennifer Smith	4th	17:27	Amy Skieresz	Arizona	16:59
1997	Stanford, Calif.	3rd	Stanford	Deeja Youngquist	10th	17:48	Amy Skieresz	Arizona	16:40
1996	Stanford, Calif.	2nd	Stanford	Deeja Youngquist	9th	17:31	Amy Skieresz	Arizona	16:36
1995	Stanford, Calif.	4th	Oregon	Tara Carlson	4th	17:16	Amy Skieresz	Arizona	16:45
1994	Stanford, Calif.	4th	Stanford	Joelle Brayton	7th	17:32	Karen Hecox	UCLA	17:00
1993	Stanford, Calif.	5th	Stanford	Tara Carlson	12th	17:39	Karen Hecox	UCLA	16:43
1992	Stanford, Calif.	2nd	Oregon	Tara Carlson	3rd	17:07	Nicole Woodward	Oregon	16:51
1991	Stanford, Calif.	3rd	Oregon	Carrie Moller	4th	17:08	Lisa Karnopp	Oregon	16:48
1990	Stanford, Calif.	2nd	Oregon	Carrie Moller	9th	17:29	Liz Wilson	Oregon	16:52
1989	Stanford, Calif.	1st	Washington	Michele Buresh	8th	17:35	Jennifer Robertson	WSU	16:33
1988	Stanford, Calif.	6th	Oregon	Brandi Evans	23rd	18:21	Liz Wilson	Oregon	17:06
1987	Stanford, Calif.	7th	Oregon	Laura Farias	20th	18:01	Annette Hand	Oregon	16:44
1986	Stanford, Calif.	9th	Oregon	Michelle Swanson	31st	18:19	Penny Graves	Oregon	16:52

Women's NorPac Conference Championships

1985	Pullman, Wash.	5th	Oregon	Adrianne Lorvick	15th	19:13	Kirsten O'Hara	California	17:37
1984	Fresno, Calif.	4th	Oregon	Adrianne Lorvick	10th	17:23	Kim Rothe	Oregon	16:48
1983	Eugene, Ore.	5th	Oregon	Sara Lindgren	13th	18:34	Kathy Hayes	Oregon	16:55
1982^	Fresno, Calif.	2nd	Oregon	Regina Joyce	1st	16:14	Regina Joyce	Washington	16:14

* - Perfect Score (15 points) ^ - Same race as 1982 Regionals # - First year moving from Pac-10 to Pac-12

Women's NCAA West Region Championships (NCWSA before 1981)

Year	Site	UW Finish	Team Champion	Individual Top UW Finisher	Place	Time	Champion	School	Time
2013	Sacramento, Calif.	5th	Arizona	Katie Flood	4th	19:27	Emma Bates	Boise State	19:11
2012	Seattle, Wash.	4th	Oregon	Katie Flood	15th	20:05	Jordan Hasay	Oregon	19:16
2011	Palo Alto, Calif.	1st	Washington	Katie Flood	5th	20:14	Jordan Hasay	Oregon	19:44
2010	Springfield, Ore.	1st	Washington	Katie Flood	6th	20:17	Jordan Hasay	Oregon	20:01
2009	Springfield, Ore.	1st	Washington	Kendra Schaaf	1st	20:41	Kendra Schaaf	Washington	20:41
2008	Palo Alto, Calif.	1st	Washington	Christine Babcock	3rd	20:02	Alex Kosinski	Oregon	19:59
2007	Springfield, Ore.	4th	Stanford	Anita Campbell	4th	20:24	Teresa McWalters	Stanford	19:57
2006	Portland, Ore.	4th	Stanford	Anita Campbell	6th	21:19	Arianna Lambie	Stanford	20:59
2005	Stanford, Calif.	3rd	Stanford	Anita Campbell	11th	20:35	Arianna Lambie	Stanford	19:30
2004	Fresno, Calif.	5th	Stanford	Lindsey Egerdahl	16th	21:11	Alicia Craig	Stanford	20:03
2003	Portland, Ore.	3rd	Stanford	Ingwill Makestad	5th	20:37	Alicia Craig	Stanford	20:06
2002	Palo Alto, Calif.	4th	Stanford	Courtney Inman	7th	21:41	Alicia Craig	Stanford	20:39
2001	Tucson, Ariz.	4th	Stanford	Lisa Gibbs	11th	21:51	Tara Chaplin	Arizona	20:41
2000	Fresno, Calif.	5th	Stanford	Kate Bradshaw	5th	20:37	Lisa Aguilera	Arizona State	20:25
1999	Portland, Ore.	2nd	Stanford	Jen Schindler	7th	17:20	Julia Stamps	Stanford	16:50
1998	Fresno, Calif.	3rd	Arizona	Deeja Youngquist	11th	17:17	Amy Skieresz	Arizona	16:26
1997	Tucson, Ariz.	3rd	Stanford	Angela Froese	14th	17:53	Amy Skieresz	Arizona	17:00
1996	Fresno, Calif.	3rd	Stanford	Angela Froese	12th	17:33	Amy Skieresz	Arizona	16:13
1995	Woodland, Wash.	4th	Oregon	Tara Carlson	3rd	16:59	Amy Skieresz	Arizona	16:43
1994	Tucson, Ariz.	4th	Stanford	Tara Carlson	7th	17:57	Milena Glusac	Oregon	17:27
1993	Woodland, Wash.	5th	Arizona	Tara Carlson	5th	16:58	Karen Hecox	UCLA	16:42
1992	Tucson, Ariz.	1st	Washington	Tara Carlson	2nd	17:32	Louise Watson	Stanford	17:21
1991	Fresno, Calif.	3rd	Oregon	Carrie Moller	3rd	17:02	Lucy Nusrala	Oregon	16:48
1990	Fresno, Calif.	4th	Oregon	Carrie Moller	14th	17:33	Buffy Rabbitt	UC-Irvine	16:45
1989	Fresno, Calif.	1st	Washington	Jennifer Gillette	10th	17:36	Buffy Rabbitt	UC-Irvine	16:53
1988	Fresno, Calif.	7th	Oregon	Janicka Petersen	24th	17:47	Penny Graves	Oregon	18:36
1987	Fresno, Calif.	7th	Oregon	Laura Farias	36th	17:41	Annette Hand	Oregon	16:19
1986	Fresno, Calif.	10th	UCLA	Michelle Swanson	36th	17:45	Penny Graves	Oregon	16:42
1985	Bellevue, Wash.	11th	Oregon	Adrianne Lorvick	54th	19:10	Regina Jacobs	Stanford	16:41
1984	Tucson, Ariz.	8th	Stanford	Adrianne Lorvick	14th	18:15	Regina Jacobs	Stanford	17:05
1983	Eugene, Ore.	11th	Oregon	Sara Lindgren	22nd	18:34	Kathy Hayes	Oregon	16:55
1982	Fresno, Calif.	3rd	Stanford	Regina Joyce	3rd	16:14	Ceci Hopp	Stanford	16:03
1981	Stanford, Calif.	5th	Oregon	Regina Joyce	5th	16:43	Monica Joyce	S.D. State	16:29
1980	Missoula, Mont.	2nd	Oregon	Regina Joyce	1st	17:39	Regina Joyce	Washington	17:39
1979	Spokane, Wash.	2nd	Oregon	Sara Neil	8th	18:20	Molly Morton	Oregon	17:37
1978	Seattle, Wash.	2nd	Oregon	Rainey Roetman	7th	18:09	Robin Baker	Oregon	17:47
1977	Spokane, Wash.	2nd	Oregon	Kathy Adams	4th	18:18	Debbie Quatier	SPU	17:52
1976	Eugene, Ore.	3rd	Oregon	Rainey Roetman	16th	19:03	Debbie Quatier	SPU	17:04

Women's NCAA Championships (AIAW before 1981)

Year	Site	UW Finish	Team Champion	Individual Top UW Finisher	Place	Time	Champion	School	Time
2013	Terre Haute, Ind.	17th	Providence	Megan Goethals	80th	21:11	Abbey D'Agostino	Dartmouth	20:00
2012	Louisville, Ky.	9th	Oregon	Megan Goethals	48th	20:21	Betsy Saina	Iowa State	19:27
2011	Terre Haute, Ind.	2nd	Georgetown	Katie Flood	7th	19:47	Sheila Reid	Villanova	19:41
2010	Terre Haute, Ind.	16th	Villanova	Katie Flood	78th	21:11	Sheila Reid	Villanova	20:06
2009	Terre Haute, Ind.	3rd	Villanova	Kendra Schaaf	2nd	19:51	Angela Bizzarri	Illinois	19:46
2008	Terre Haute, Ind.	1st	Washington	Christine Babcock	7th	20:01	Sally Kipyego	Texas Tech	19:28
2007	Terre Haute, Ind.	8th	Stanford	Katie Follett	19th	20:43	Sally Kipyego	Texas Tech	19:30
2006	Terre Haute, Ind.	N/A	Stanford	Amy Lia	55th	21:43	Sally Kipyego	Texas Tech	20:12
2005	Terre Haute, Ind.	N/A	Stanford	Anita Campbell	94th	21:06	Johanna Nilsson	North. Arizona	19:34
2004	Terre Haute, Ind.	23rd	Colorado	Lindsey Egerdahl	92nd	21:51	Kim Smith	Providence	20:09
2003	Waterloo, Iowa	19th	Stanford	Lindsey Egerdahl	85th	21:11	Shalane Flanagan	North Carolina	19:31
2002	Terre Haute, Ind.	31st	BYU	Courtney Inman	73rd	21:03	Shalane Flanagan	North Carolina	19:37
2001	Greenville, S.C.	14th	BYU	Lisa Gibbs	35th	21:24	Tara Chaplin	Arizona	20:24
2000	Ames, Iowa	23rd	Colorado	Cami Matson	21st	21:16	Kara Grgas-Wheeler	Colorado	20:31
1999	Bloomington, Ind.	13th	BYU	Jen Schindler	78th	17:52	Erica Palmer	Wisconsin	16:40
1998	Lawrence, Kan.	9th	Villanova	Anna Aoki	38th	17:42	Katie McGregor	Michigan	16:48
1997	Greenville, S.C.	14th	BYU	Angela Froese	67th	17:41	Carrie Tollefson	Villanova	16:29
1995	Ames, Iowa	14th	Providence	Tara Carlson	8th	17:26	Kathy Butler	Wisconsin	16:51
1994	Fayetteville, Ark.	15th	Villanova	Tara Carlson	75th	18:15	Jennifer Rhines	Villanova	16:32
1993	Bethlehem, Pa.	N/A	Villanova	Tara Carlson	100th	18:03	Carole Zajac	Villanova	16:41
1992	Bloomington, Ind.	12th	Villanova	Stacie Hoytink	30th	17:58	Carole Zajac	Villanova	17:02
1991	Tucson, Ariz.	N/A	Villanova	Carrie Moller	14th	17:04	Sonia O'Sullivan	Villanova	16:30
1989	Annapolis, Md.	12th	Villanova	Sue Ocken	60th	17:52	Vicki Huber	Villanova	15:59
1982	Bloomington, Ind.	13th	Virginia	Regina Joyce	2nd	17:07	Lesley Welch	Virginia	16:39
1981*	Wichita, Kans.	N/A	Virginia	Regina Joyce	11th	16:47	Betty Springs	N.C. State	16:40
1980	Burien, Wash.	12th	N.C. State	Regina Joyce	6th	17:14	Julie Shea	N.C. State	16:49
1979	Tallahassee, Fla.	N/A	N.C. State	Sara Neil	36th	17:36	Julie Shea	N.C. State	16:35
1978	Boulder, Colo.	N/A	Iowa State	Kathy Adams	25th	18:01	Mary Decker	Colorado	17:00
1977	Austin, Tex.	12th	Iowa State	Rainey Roetman	40th	18:42	Kathy Mills	Penn State	16:51
1976	Madison, Wisc.	N/A	Iowa State	Rainey Roetman	84th	18:27	Julie Brown	CS Northridge	16:29

* - First year of NCAA cross country.

Men's Pac-12 Conference Championships

Year	Site	UW Finish	Team Champion	Individual Top UW Finisher	Place	Time	Champion	School	Time
2013	Louisville, Colo.	5th	Colorado	Aaron Nelson	8th	25:01	Edward Cheserek	Oregon	24:36
2012	Santa Clarita, Calif.	6th	Colorado	Joey Bywater	16th	23:58	Lawi Lalang	Arizona	22:49
2011#	Tempe, Arizona	7th	Colorado	Joey Bywater	16th	23:43	Lawi Lalang	Arizona	22:37
2010	Seattle, Wash.	7th	Stanford	Rob Webster Jr.	27th	24:15	Elliott Heath	Stanford	23:00
2009	Long Beach, Calif.	4th	Stanford	Kelly Spady	10th	23:25	Chris Derrick	Stanford	22:35
2008	Eugene, Ore.	3rd (tie)	Oregon	Jeremy Mineau	10th	23:47	Galen Rupp	Oregon	22:55
2007	Corvallis, Ore.	6th	Oregon	Jon Harding	20th	24:34	Shadrack Kiptoo-Biwott	Oregon	22:54
2006	Stanford, Calif.	6th	Oregon	Jeremy Mineau	7th	23:35	Galen Rupp	Oregon	23:04
2005	Tucson, Ariz	4th (tie)	Stanford	Mark Mandi	4th	24:20	Robert Cheseret	Arizona	23:57
2004	San Francisco, Calif.	4th	Stanford	Mark Mandi	6th	24:34	Robert Cheseret	Arizona	23:48
2003	Pullman, Wash.	3rd	Stanford	Eric Garner	10th	25:17	Ian Dobson	Stanford	24:34
2002	Los Angeles, Calif.	4th	Stanford	Eric Garner	19th	24:38	Grant Robison	Stanford	23:27
2001	Scottsdale, Ariz.	5th	Stanford	Jason Fayant	4th	24:17	Grant Robison	Stanford	24:04
2000	Seattle, Wash.	5th	Stanford	John Russell	12th	24:12	Jonathon Riley	Stanford	23:40
1999	Long Beach, Calif.	6th	Arizona	Jason Fayant	16th	24:48	Steve Fein	Oregon	23:38
1998	Eugene, Ore.	5th (tie)	Stanford	Christian Belz	12th	24:18	Abdirahman Abdi	Arizona	23:23
1997	Stanford, Calif.	6th	Stanford	Christian Belz	10th	24:47	Bernard Lagat	WSU	23:39
1996	Stanford, Calif.	6th	Stanford	Christian Belz	16th	25:02	Meb Keflezighi	UCLA	23:45
1995	Stanford, Calif.	4th	Oregon	Colin Johnston	10th	24:59	Karl Keska	Oregon	24:14
1994	Stanford, Calif.	2nd	Arizona	Darren Hunter	7th	24:54	Martin Keino	Arizona	24:04
1993	Stanford, Calif.	1st	Washington	Simon Baines	4th	24:07	Josephat Kapkory	WSU	23:38
1992	Stanford, Calif.	5th	Oregon	Neil Panchen	7th	24:33	Josephat Kapkory	WSU	23:46
1991	Stanford, Calif.	3rd	Arizona	Greg Metcalf	8th	24:11	Colin Dalton	Oregon	23:36
1990	Stanford, Calif.	3rd	Oregon	Pat Johnson	7th	24:24	Marc Davis	Arizona	23:44
1989	Stanford, Calif.	2nd	Oregon	Al Hjort	4th	23:42	Marc Davis	Arizona	23:31
1988	Stanford, Calif.	4th	Oregon	Bruce McDowell	4th	31:08	Brad Hudson	Oregon	30:47
1987	Stanford, Calif.	4th	Arizona	Bruce McDowell	17th	31:42	Matt Guisto	Arizona	30:33
1986	Stanford, Calif.	4th	Arizona	Curt Corvin	6th	30:49	Aaron Ramirez	Arizona	30:24
1985	Stanford, Calif.	6th	Stanford	Curt Corvin	9th	31:12	Marc Olesen	Stanford	30:33
1984	Stanford, Calif.	8th	Arizona	Curt Corvin	17th	31:27	Tom Ansberry	Arizona	30:25
1983	Stanford, Calif.	7th	Arizona	Dave Barnett	23rd	31:41	Jim Hill	Oregon	30:10
1982	Fresno, Calif.	8th	Oregon	Pat Ewing	36th	31:06	Jim Hill	Oregon	28:50
1981	Stanford, Calif.	8th	UCLA	Chris Villani	25th	32:12	Richard Tuwei	WSU	30:56
1980	Stanford, Calif.	6th	UCLA	Dave Barnett	13th	31:27	Ron Cornell	UCLA	30:27
1979^	Stanford, Calif.	7th	Oregon	Bill Stolp	9th	30:58	Henry Rono	WSU	29:07
1978	Fresno, Calif.	4th	Oregon	Bill Stolp	15th	30:54	Henry Rono	WSU	29:30
1977	Stanford, Calif.	2nd	Oregon	Bill Stolp	9th	30:43	Joel Cheruiyot	WSU	29:35
1976	Stanford, Calif.	3rd	Oregon	Gordy Braun	8th	29:38	Henry Rono	WSU	28:08
1975	Stanford, Calif.	4th	WSU	Individual results not available					
1974	Stanford, Calif.	6th	WSU	Individual results not available					
1973	Stanford, Calif.	4th	Oregon	Individual results not available					
1972	Seattle, Wash.	6th	WSU	Individual results not available					
1971	Los Angeles, Calif.	8th	WSU	Individual results not available					
1970	Pullman, Wash.	5th	Oregon	Individual results not available					
1969	Stanford, Calif.	8th	Oregon	Individual results not available					

- First year of moving from Pac-10 to Pac-12 ^ - First year of moving from Pac-8 to Pac-10

Men's NCAA West Regional Championships

Year	Site	UW Finish	Team Champion	Individual Top UW Finisher	Place	Time	Champion	School	Time
2013	Sacramento, Calif.	9th	Stanford	Aaron Nelson	8th	29:54	Edward Cheserek	Oregon	29:35
2012	Seattle, Wash.	5th	Stanford	Joey Bywater	8th	29:53	Lawi Lalang	Arizona	29:02
2011	Palo Alto, Calif.	11th	Stanford	Aaron Beattie	41st	30:23	Lawi Lalang	Arizona	28:34
2010	Springfield, Ore.	6th	Oregon	Rob Webster Jr.	34th	30:50	Trevor Dunbar	Portland	29:57
2009	Springfield, Ore.	4th	Stanford	Colton Tully-Doyle	18th	31:12	Chris Derrick	Stanford	30:38
2008	Palo Alto, Calif.	5th	Oregon	Jeremy Mineau	8th	29:06	Galen Rupp	Oregon	27:41
2007	Springfield, Ore.	10th	Oregon	Kelly Spady	31st	30:55	Galen Rupp	Oregon	29:35
2006	Portland, Ore.	4th	Oregon	Jeremy Mineau	5th	30:16	Neftalem Araia	Stanford	30:06
2005	Stanford, Calif.	4th (tie)	Arizona	Mark Mandi	5th	30:22	Robert Cheseret	Arizona	30:03
2004	Fresno, Calif.	7th	Stanford	Travis Boyd	18th	30:59	Ryan Hall	Stanford	30:07
2003	Portland, Ore.	4th	Stanford	Eric Garner	21st	30:17	Ian Dobson	Stanford	29:32
2002	Palo Alto, Calif.	6th	Stanford	Ben Koss	23rd	31:26	Donald Sage	Stanford	30:13
2001	Tucson, Ariz.	7th	Stanford	Jason Fayant	6th	31:12	Donald Sage	Stanford	30:44
2000	Fresno, Calif.	8th	Stanford	John Russell	25th	31:34	Jonathon Riley	Stanford	30:40
1999	Portland, Ore.	8th	Stanford	Jason Fayant	27th	31:43	Steve Fein	Oregon	30:30
1998	Fresno, Calif.	6th	Stanford	Christian Belz	12th	31:05	Abdi Abdirahman	Arizona	30:06
1997	Tucson, Ariz.	5th	Stanford	Christian Belz	13th	31:25	Meb Keflezighi	UCLA	30:16
1996	Fresno, Calif.	5th	Stanford	Christian Belz	8th	30:58	Karl Keska	Oregon	30:16
1995	Woodland, Wash.	5th	Stanford	Andy Wyman	9th	31:03	Karl Keska	Oregon	30:12
1994	Tucson, Ariz.	3rd	Arizona	Nick Pavach	12th	31:57	Martin Keino	Arizona	30:50
1993	Woodland, Wash.	2nd	Portland	Simon Baines	2nd	29:48	Josephat Kapkory	WSU	29:21
1992	Tucson, Ariz.	3rd	Arizona	Neil Panchen	6th	31:33	Josephat Kapkory	WSU	30:42
1991	Fresno, Calif.	2nd	Arizona	Neil Panchen	6th	30:41	Josephat Kapkory	WSU	30:11
1990	Fresno, Calif.	2nd	Arizona	Adam Leahy	6th	31:09	Marc Davis	Arizona	30:08
1989	Fresno, Calif.	2nd	Oregon	Al Hjort	8th	30:51	Brad Hudson	Oregon	30:06
1988	Fresno, Calif.	2nd	Oregon	Al Hjort	3rd	30:30	Marc Davis	Arizona	30:08
1987	Fresno, Calif.	2nd	Arizona	Bruce McDowell	10th	30:40	Matt Guisto	Arizona	29:43
1986	Fresno, Calif.	4th	Arizona	Curt Corvin	3rd	30:25	Aaron Ramirez	Arizona	30:21
1985	Bellevue, Wash.	7th	Arizona	Curt Corvin	4th	29:59	Marc Olesen	Stanford	29:51
1984	Tucson, Ariz.	10th	Arizona	Dan Bell	35th	33:08	Tom Ansberry	Arizona	31:10
1983	Eugene, Ore.	7th	Oregon	Dave Barnett	8th	30:53	Jim Hill	Oregon	30:08
1982	Fresno, Calif.	12th	Oregon	Pat Ewing	42nd	31:06	Jim Hill	Oregon	28:50
1981	Stanford, Calif.	11th	UCLA	Chris Villani	25th	31:12	Richard Tuwei	WSU	29:25
1980	Stanford, Calif.	6th	UCLA	Dave Barnett	13th	31:27	Ron Cornell	UCLA	30:27
1979	Stanford, Calif.	9th	Oregon	Bill Stolp	9th	30:58	Henry Rono	WSU	29:07

Men's NCAA Championships

Year	Site	UW Finish	Team Champion	Individual Top UW Finisher	Place	Time	Champion	School	Time
2013	Terre Haute, Ind.	N/A	Colorado	Aaron Nelson	20th	30:27	Edward Cheserek	Oregon	29:41
2012	Louisville, Ky.	N/A	Oklahoma St.	Joey Bywater	69th	30:29	Kennedy Kithuka	Texas Tech	28:31
2009	Terre Haute, Ind.	18th	Oklahoma St.	Kelly Spady	65th	30:35	Sam Chelanga	Liberty	28:41
2008	Terre Haute, Ind.	18th	Oregon	Jake Schmitt	58th	30:32	Galen Rupp	Oregon	29:03
2006	Terre Haute, Ind.	12th	Colorado	Jeremy Mineau	53rd	32:00	Josh Rohatinsky	BYU	30:45
2005	Terre Haute, Ind.	27th	Wisconsin	Jeremy Mineau	93rd	30:57	Simon Bairu	Wisconsin	29:16
2003	Waterloo, Iowa	21st	Stanford	Mark Mandi	67th	30:37	Dathan Ritzenhein	Colorado	29:15
2001	Greenville, S.C.	N/A	Colorado	Jason Fayant	94th	30:57	Boaz Cheboiywo	E. Michigan	28:47
1998	Lawrence, Kans.	N/A	Arkansas	Christian Belz	17th	30:50	Adam Goucher	Colorado	29:27
1996	Tucson, Ariz.	N/A	Stanford	Christian Belz	70th	32:28	Godfrey Siamusiye	Arkansas	29:49
1993	Bethlehem, Pa.	8th	Arkansas	Simon Baines	10th	29:53	Josephat Kapkory	WSU	29:33
1992	Bloomington, Ind.	N/A	Arkansas	Neil Panchen	47th	32:06	Bob Kennedy	Indiana	30:16
1991	Tucson, Ariz.	20th	Arkansas	Neil Panchen	38th	31:30	Sean Dollman	W. Kentucky	30:18
1990	Knoxville, Tenn.	12th	Arkansas	Pat Johnson	25th	30:02	Jonah Koech	Iowa State	29:05
1989	Annapolis, Md.	4th	Iowa State	Al Hjort	23rd	30:28	John Nuttall	Iowa State	29:30
1988	Des Moines, Iowa	18th	Wisconsin	Bruce McDowell	47th	30:26	Bob Kennedy	Indiana	29:20
1987	Charlottesville, Va.	22nd	Arkansas	Bruce McDowell	75th	30:43	Joe Falcon	Arkansas	29:15
1986	Tucson, Ariz.	N/A	Arkansas	Curt Corvin	27th	31:34	Aaron Ramirez	Arizona	30:28
1984	University Park, Pa.	N/A	Arkansas	Curt Corvin	107th	31:37	Timothy Hacker	Wisconsin	29:18
1983	Lehigh, Pa.	N/A	UTEP	Dave Barnett	121st	31:53	Zakaria Barrie	UTEP	29:20
1979	Bethlehem, Pa.	N/A	UTEP	Bill Stolp	45th	30:10	Henry Rono	WSU	28:20
1978	Madison, Wisc.	N/A	UTEP	Mark Hallenbeck	39th	30:25	Alberto Salazar	Oregon	29:30
1977	Spokane, Wash.	13th	Oregon	Bill McClement	68th	30:25	Henry Rono	WSU	28:34
1976	Denton, Texas	N/A	UTEP	Tim Murray	59th	29:47	Henry Rono	WSU	28:07
1975	Happy Valley, Pa.	N/A	UTEP	Scott Holmes	140th	30:39	Craig Virgin	Illinois	28:23

Husky All-Americans

Men

Men's All-Americans (Year - NCAA Finish)

Simon Baines (1993 - 10th)
Christian Belz (1998 - 17th)
Curt Corvin (1986 - 27th)
Alan Hjort (1989 - 23rd)
Pat Johnson (1990 - 25th)
Aaron Nelson (2013 - 20th)
Bill Stolp (1979 - 45th)

WOMEN

Women's All-Americans (Year - NCAA Finish)

Anna Aoki (1998 - 38th)
Christine Babcock (2008 - 7th; 2009 - 34th)
Anita Campbell (2007 - 20th)
Tara Carlson (1995 - 8th)
Katie Flood (2011-7th)
Katie Follett (2007 - 19th; 2008 - 26th; 2009 - 23rd)
Lisa Gibbs (2001 - 35th)
Megan Goethals (2011-18th)
Stacie Hoitink (1992 - 30th)
Regina Joyce (1980 - 6th; 1981 - 11th; 1982 - 2nd)
Mel Lawrence (2008 - 25th; 2009 - 31st)
Cami Matson (2000 - 21st)
Amanda Miller (2008 - 34th)
Carrie Moeller (1991 - 14th)
Kendra Schaaf (2008 - 12th; 2009 - 2nd)

Awards

Honda Award

2009 Kendra Schaaf (Finalist)

Pac-12 Women's Athlete of the Year

2009 Kendra Schaaf
2008 Kendra Schaaf

Pac-12 Women's Newcomer of the Year

2010 Katie Flood
2008 Christine Babcock
2005 Tori Tyler

Pac-12 Men's Coach of the Year

1993 Mike Johnson

Pac-12 Women's Coach of the Year

2011 Greg Metcalf
2009 Greg Metcalf
2008 Greg Metcalf
1992 Mike Johnson
1989 Mike Johnson

Pac-12 Scholar Athlete of the Year

2011 Christine Babcock

USTFCCCA National Women's Coach of the Year

2008 Greg Metcalf

USTFCCCA West Region Women's Athlete of the Year

2009 Kendra Schaaf

USTFCCCA West Region Women's Coach of the Year

2011 Greg Metcalf
2010 Greg Metcalf
2009 Greg Metcalf
2008 Greg Metcalf

All-Pac-12 Teams

The Pac-12 Conference began recognizing All-Conference teams beginning in 1999, based on the results from the Pac-12 Championship meet. The top six finishers were named to the first team, and the next six to the second team. In 2003, the teams were expanded to seven members each. In addition, since 1990 the Pac-12 has recognized student-athletes for their academic prowess. Athletes with grade point averages above a 3.0 are eligible as long as they are significant contributors. Pac-12 All-Academic honorable mentions are not listed.

MEN

All-Pac-12 Team

Jason Fayant (2001 - First Team)
Eric Garner (2003 - 2nd)
Mark Mandi (2004 - 1st; 2005 - 1st)
Jeremy Mineau (2006 - 1st; 2008 - 2nd)
John Russell (2000- 2nd)
Kelly Spady (2009 - 2nd)

Pac-12 All-Academic Team

Chris Ahl (2008 - 2nd)
Sam Alexander (1993 - 1st; 1994 - 1st)
Shawn Anderson (1990 - 2nd)
Tyler Anderson (1990 - 2nd)
Todd Arnold (2002 - 2nd; 2003 - 2nd)
David Bazzi (1998 - 2nd)
Christian Belz (1997 - 2nd)
Riley Booker (2007 - 2nd)
Travis Boyd (2003 - 1st; 2004 - 1st; 2005 - 1st; 2006 - 2nd)
Joey Bywater (2011-2nd)
Jason Cadman (1999 - 2nd)
Micah Davis (1998 - 1st)
Andy Fader (2003 - 1st; 2004 - 2nd; 2005 - 2nd)
Jeff Green (1990 - 1st)
Neil Hanson (1994 - 2nd; 1995 - 2nd)
Jon Harding (2008 - 2nd)
Steve Hatzenbeler (1995 - 1st)
Jon Hickey (2004 - 2nd)
Tom Hildrum (1997 - 2nd; 1998 - 2nd; 1999 - 1st)
Dan Hilton (1996 - 2nd)
Patrick Johnson (1990 - 1st)
Mike Kirkendall (1992 - 1st)
Gavin MacCluer (1995 - 2nd; 1996 - 1st)
Mark Mandi (2003 - 2nd; 2004 - 2nd; 2005 - 2nd)
Greg Metcalf (1991 - 1st)
Jeremy Mineau (2006 - 2nd; 2008 - 1st)
Kirk Nelson (1990 - 2nd)
Neil Panchen (1992 - 1st)
Nick Pavach (1994 - 2nd)
Kevin Peters (2005 - 2nd; 2006 - 2nd)
Mike Sayenko (2006 - 2nd)
David Schruth (1997 - 2nd)
Jordan Swarthout (2008 - 1st; 2009 - 1st; 2010 - 1st)
Andrew Wyman (1993 - 2nd; 1994 - 2nd; 1995 - 2nd)
Bard Zajac (1991 - 2nd; 1994 - 2nd)

WOMEN

All-Pac-12 Team

Anna Aoki (1999 - First Team)
Christine Babcock (2008 - 1st; 2009 - 1st; 2011-2nd)
Kate Bradshaw (2000 - 2nd)
Anita Campbell (2006 - 2nd; 2007 - 1st; 2008 - 1st)
Melinda Campbell (1999 - 2nd)
Lindsay Flanagan (2012 - 2nd)
Katie Flood (2010 - 1st; 2011-1st; 2013 - 2nd)
Katie Follett (2007 - 2nd; 2008 - 1st; 2009 - 2nd)
Lisa Gibbs (2001 - 1st)
Megan Goethals (2012 - 2nd)
Courtney Inman (2002 - 2nd)
Mel Lawrence (2007 - 2nd; 2008 - 1st; 2009 - 1st; 2010 - 2nd)
Amy Lia (2006 - 1st)
Ingvil Makestad (2003 - 2nd)
Cami Matson (2000 - 1st)
Lauren Saylor (2008 - 2nd)
Kendra Schaaf (2008 - 1st; 2009 - 1st)
Jen Schindler (1999 - 2nd)
Tori Tyler (2005 - 2nd)
Dallon Williams (2004 - 1st)

Pac-12 All-Academic Team

Anna Aoki (1998 - 2nd; 1999 - 1st)
Brooke Anderson (2007 - 2nd)
Christine Babcock (2009 - 1st; 2010 - 1st; 2011-1st)
Hilary Blake (1992 - 2nd)
Liv Borgersen (1991 - 2nd)
Kate Bradshaw (2002 - 2nd)
Tara Carlson (1993 - 1st; 1994 - 1st; 1995 - 1st)
Camille Connelly (2002 - 2nd; 2003 - 2nd; 2004 - 2nd)
Lindsey Egerdahl (2002 - 2nd)
Staci Eskesen (1997 - 2nd)
Ashley Foianini (1999 - 2nd)
Angela Froese (1996 - 2nd; 1997 - 1st)
Grace Green (2010 - 1st)
Laura Hodgson (2003 - 1st; 2004 - 1st)
Stacie Hoytink (1990 - 1st; 1991 - 1st; 1992 - 1st)
Anne Howard (1990 - 2nd)
Courtney Inman (2002 - 2nd)
Emily Johnson (1993 - 2nd; 1994 - 2nd; 1995 - 2nd)
Justine Johnson (2013 - 2nd)
Danelle Kabush (1996 - 2nd; 1997 2nd)
Aimee Kriz (1992 - 2nd; 1993 - 2nd)
Allison Linnell (2009 - 2nd)
Kathrine Malm (1994 - 2nd)
Carrie Moller (1991 - 1st)
Emily Mullen (2000 - 1st)
Sue Ocken (1990 - 2nd)
Trisha Rasmussen (2006 - 2nd; 2007 - 2nd)
Jennifer Reese (1990 - 2nd; 1991 - 2nd)
Kate Spigel (2002 - 1st)
Kara Syrdal (1998 - 2nd; 1999 - 1st; 2000 - 1st)
Angela Wishaar (2004 - 1st; 2005 - 2nd)

Men's Team Results

Year	Winner	Score	UW Place	Score
2013	Washington	30	—	—
2012	Washington	22	—	—
2011	Washington	28	—	—
2010	Washington	27	—	—
2009	Washington	32	—	—
2008	Washington	41	—	—
2007	Washington	30	—	—
2006	Chico State	40	2nd	82
2005	Washington	39	—	—
2004	Washington	29	—	—
2003	Washington	27	—	—
2002	Washington	46	—	—
2001	Wash. State	32	2nd	33
2000	Washington	41	—	—
1999	Utah	47	3rd	108
1998	Utah	49	3rd	60
1997	Oregon	43	3rd	79
1996	Oregon	32	5th	139
1995	Club Northwest	44	2nd	58
1994	Washington	37	—	—
1993	Portland	33	2nd	55
1992	Club Northwest	35	3rd	104

Women's Team Results

Year	Winner	Score	UW Place	Score
2013	Washington	19	—	—
2012	Washington	45	—	—
2011	Washington	28	—	—
2010	Washington	22	—	—
2009	Washington	21	—	—
2008	Washington	24	—	—
2007	Washington	27	—	—
2006	Michigan	27	3rd	70
2005	Washington	53	—	—
2004	Idaho	40	2nd	54
2003	Washington	41	—	—
2002	Michigan	45	2nd	72
2001	Washington	35	—	—
2000	Washington	24	—	—
1999	Washington	28	—	—
1998	Michigan	31	2nd	53
1997	Washington	33	—	—
1996	Club Northwest	45	t3rd	101
1995	Washington	29	—	—
1994	Washington	46	—	—
1993	Arkansas	30	4th	137
1992	Oregon	42	—	—

NOTE: In 2000, the women's course was extended to 6,000 meters to prepare for the 2000 Pac-10 Championships at Lincoln Park. The course returned to 5,000 meters from 2001-03, before changing permanently to 6,000 meters in 2004.

Men's Individual Results

Year	Winner	Team	Time	Top UW Finisher	Place	Time
2013	Aaron Nelson	Washington	23:50	Aaron Nelson	1st	23:50
2012	Joey Bywater	Washington	23:48	Joey Bywater	1st	23:48
2011	Max O'Donoghue-McDonald	Washington	24:08	Max O'Donoghue-McDonald	1st	24:08
2010	Max O'Donoghue-McDonald	Washington	24:03	Max O'Donoghue-McDonald	1st	24:03
2009	Kelly Spady	Washington	23:55	Kelly Spady	1st	23:55
2008	Paul Limpf	Eastern Wash.	23:33	Jake Schmitt	3rd	23:48
2007	Jon Harding	Washington	23:36	Jon Harding	1st	23:36
2006	Scotty Bauhs	Chico State	23:43	Carl Moe	6th	24:15
2005	Austin Ramos	UCLA	24:00	Jon Harding	4th	24:08
2004	Mark Mandi	Washington	24:06	Mark Mandi	1st	24:06
2003	Eric Kiuaka	Iron Lung TC	23:58	Eric Garner	3rd	24:10
2002	Paul Kezes	Western Wash.	23:42	Eric Garner	7th	24:23
2001	Bryan Green	UCLA	24:11	Jason Fayant	4th	24:25
2000	Mark Pilja	Michigan	23:53	John Russell	5th	24:24
1999	Dave Davis	Puget Sound	24:34	David Bazzi	6th	25:14
1998	Jeff Simonich	Utah	24:47	David Bazzi	2nd	25:05
1997	Elvis Terry	Idaho State	24:46	Christian Belz	3rd	25:00
1996	Karl Keska	Oregon	24:05	Christian Belz	7th	25:16
1995	Uli Steidl	Portland	24:45	Andy Wyman	4th	25:03
1994	Uli Steidl	Portland	25:21	Colin Johnston	2nd	25:25
1993	Simon Baines	Washington	24:40	Simon Baines	1st	24:40
1992	Graeme Fell	Brit. Columbia	24:33	Neil Panchen	4th	24:59

Women's Individual Results

Year	Winner	Team	Time	Top UW Finisher	Place	Time
2013	Katie Flood	Washington	20:25	Katie Flood	1st	20:25
2012	Christine Babcock	Unattached	20:27	Eleanor Fulton	6th	21:08
2011	Allix Potratz-Lee	Oiselle	20:56	Eleanor Fulton	3rd	21:02
2010	Lindsay Flanagan	Washington	20:34	Lindsay Flanagan	1st	20:34
2009	Kendra Schaaf	Washington	19:49	Kendra Schaaf	1st	19:49
2008	Kendra Schaaf	Washington	19:58	Kendra Schaaf	1st	19:58
2007	Anita Campbell	Washington	20:20	Anita Campbell	1st	20:20
2006	Erin Webster	Michigan	20:17	Amy Lia	6th	21:02
2005	Haley Paul	WSU	20:50	Tori Tyler	4th	21:08
2004	Sabrina Monro	Club Northwest	20:10	Angela Wishaar	5th	21:28
2003	Margaret Butler	Kajaks TC	16:52	Amy Lia	7th	17:26
2002	Sabrina Monro	Unattached	16:31	Laura Hodgson	4th	17:16
2001	Sabrina Monro	Washington	16:06	Sabrina Monro	1st	16:06
2000	Gillian Palmer	Washington	20:50	Gillian Palmer	1st	20:50
1999	Leigh Daniel	Texas Tech	16:52	Melinda Campbell	2nd	16:59
1998	Katie McGregor	Michigan	16:44	Kara Syrdal	8th	17:30
1997	Cari Rampersad	Simon Fraser	17:15	Margaret Butler	5th	17:27
1996	Sarah Howell	Valley Royals	17:14	Anna Aoki	10th	17:46
1995	Tara Carlson	Washington	17:08	Tara Carlson	1st	17:08
1994	Tara Carlson	Washington	17:24	Tara Carlson	1st	17:24
1993	Milena Glusac	Oregon	17:01	Tara Carlson	4th	17:31
1992	Nicole Woodward	Oregon	17:04	Brandi Evans	3rd	17:22

Sundodger Invitational Meet Records

Men's (8,000m)

Name	Team	Year	Time
1. Paul Limpf	Eastern Washington	2008	23:33
2. Jon Harding	Washington	2007	23:36
3. Paul Kezes	Western Washington	2002	23:42
4. Scotty Bauhs	Chico State	2006	23:43
5. Marko Cheseto	Alaska Anchorage	2008	23:45
6. Paul Limpf	Eastern Washington	2007	23:46
7. Joey Bywater	Washington	2012	23:48
Jake Schmitt	Washington	2008	23:48
9. Aaron Nelson	Washington	2013	23:50
10. Mark Pilja	Michigan	2000	23:53

Washington Meet Record
Jon Harding 23:36 (2007)

Women's (6,000m)

Name	Team	Year	Time
1. Kendra Schaaf	Washington	2009	19:49
2. Mel Lawrence	Washington	2009	20:06
3. Sabrina Monro	Club Northwest	2004	20:10
4. Erin Webster	Michigan	2006	20:17
5. Anita Campbell	Washington	2007	20:20
6. Katie Flood	Washington	2013	20:25
7. Jessica Pixler	Seattle Pacific	2009	20:26
8. Christine Babcock	Washington	2012	20:27
9. Haley Paul	Washington State	2006	20:31
10. Lindsay Flanagan	Washington	2010	20:34
Dee Olson	Unattached	2006	20:34

Washington Meet Record
Kendra Schaaf, 19:49 (2009)